

# PISANG Peak

19 DAYS

**Region: Annapurna Circuit**

**Grade: Alpine**

**Date of Expedition: April-May 2010**

**Cost\*: \$ 2400USD (8 People)**

**\$ 2200USD (10 People)**

**\$ 2000USD (12+People)**

*\*Cost excludes Travel to and from Kathmandu and associated cost / Personal equipment and medication. See Small Print Page.*

Pisang Peak (6091m) rises from yak pastures above the village of Pisang in a uniform slope to the final summit pyramid, which is a snow and ice slope. The peak obviously has a lot of scope for exploration and pioneering. The whole of the western flank, which is guarded by a hanging glacier, would appear to offer a considerable challenge. It is a long snow slog above Pisang village, steep snow at the top. The mountaineering school at Manang uses Pisang Peak for training climbs.

## **Pisang Peak Climbing Itinerary (6091m)**

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Day 01: Arrival in Kathmandu & Hotel

Day 02: Sightseeing around Kathmandu

Day 03: Drive to Beshi Sahar (823m)

Day 04: Trek to Bahundanda (1311m)

Day 05: Trek to Chyamje (1410m)

Day 06: Trek to Bagarchhap (2164m)

Day 07: Trek to Chame (2713m)

Day 08: Trek to Pisang (lower Pisang 3185m) stay lower or upper Pisang

Day 09: Acclimatization /explore around

Day 10: Trek to Base Camp at Kharka (4420m)

Day 11: Acclimatization at base camp

Day 12: Climb to high camp (5450m)

Day 13: Climb to summit (6091m) and return to Base Camp

Day 14: Extra day incase required

Day 15: Trek to Manang (3351m)

Day 16: Trek to Humde

Day 17: Fly to Pokhara

Day 18: In Pokhara

Day 19: return to Kathmandu

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## Small Print

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### Cost Includes:

- Organization of the trip including advice regarding insurance and medical advice.
- NZ based Group medic and Group leader with qualified mountaineering experience.
- Airport -Hotel-Airport transfer by private car or vehicle as per group size.
- 3 Nights accommodation in Kathmandu, in a 2/3 star hotel with Breakfast included
- 2 Nights accommodation in Pokhara, in a 2/3 star hotel with Breakfast included
- Kathmandu - Besisahara / Pokhara - Kathmandu by tourist bus in SIC basis.
- Necessary local transportation by public bus.
- All accommodation during the trek in the best available lodge / camp.
- Meals: All meals during the trek on best available restaurant / camp.
- One-experienced trekking guide & necessary porters to base camp.
- Climbing Guide & equipment for guide.
- Insurance for Guides & Porters.
- Related taxes and service charge.
- Airfare from Humde to Pokhara

### Cost Excludes:

- PERSONAL equipment for trekking\*\*.
- Personal insurance for travel & trekking in Nepal\*.
- Lunch & dinner in Kathmandu & Pokhara.
- Emergency rescue evacuation cost.
- Sleeping bags & down jacket.
- Personal medicines & oxygen ETC.
- Personal expenses, beverages & tips.
- Departures taxes in Kathmandu international airport.

### ADDITIONAL COST:

- Personal Climbing/Trekking Equipment.
- Emergency and any types of rescue charges.

*\* New Zealand Alpine Club offer insurance suited for this trip  
([www.alpineclub.org.nz](http://www.alpineclub.org.nz))*

*\*\*The majority of technical and personal clothing and equipment can*

www.adventurelogistics.co.nz

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*be purchased through Adventure Logistics Ltd.*

## The Trip Leaders

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### **Gideon Geerling: Group leader/ Trip Liaison.**



Gideon is a coffee loving family man with 2 children and Wife Wendy living in Christchurch. He runs his own company in NZ called Adventure Logistics, who provide professional outdoor instruction specializing in alpine and rock climbing. He is an active member of the New Zealand Outdoor Instructors Association ([www.nzoia.org.nz](http://www.nzoia.org.nz))

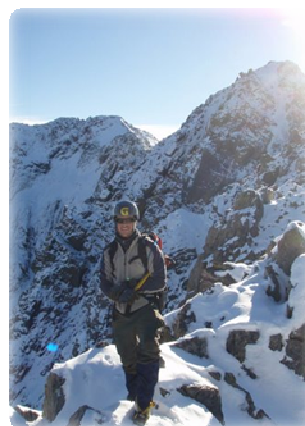
He is also Director for the NZ Snow Safety Institute, Instruction Coordinator for the Canterbury Mountaineering Club and senior Alpine and Avalanche awareness instructor for the NZ mountain safety council and south Island polytechnic outdoor recreation programs.

### **Sam Bartholomew: Group Medic/Trip Liaison**

Sam is a British qualified doctor who moved to NZ in 2007 with his wife Nadia. He has worked in many hospital departments including emergency. He is currently working as a GP locum and is due to start work in Pediatrics. Sam has been a Snowboard instructor in Canada and is a keen Rock and Alpine climber.

He plans to reside in NZ permanently, and to combine his love of the outdoors and adventure with his work as an expedition medic.

Having traveled twice previously to Nepal, Trekking to 5416m, sam has the cultural, altitude experience and medical knowledge to be a great asset to the teams leadership.



### **The Trekking Company:**

Trek Nepal INT'L is a company that runs eco-friendly, trekking, mountaineering, scenic & cultural tours, wilderness expeditions, overland adventures, special interest tours, family adventures or group holidays in Nepal and Tibet.

Sam first became aware of the company in 2007 whilst spending 6 weeks in Nepal and then in 2009 trekked the Annapurna circuit with Trek Nepal over 3 weeks.

The owners are Gobardhan Basnet (Gobs) the founder of the company, who started out as a trekking guide and has a good understanding of his team and clients, and provides a safe friendly and professional service.

His colleagues are Resham Lama who also is from a trekking background and Prakash Lamichhane who is the finance manager.

Their team is made up of a group of professional and dedicated Trekking Guides.